



Please mail payments to:
 WVU Cross Country/Track & Field Camp
 C/O Sean Cleary
 PO Box 0877
 Morgantown, WV 26507-0877

Name: _____
 Graduation Year: _____ Age: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 DOB: _____ Phone: _____
 Email: _____
 School: _____
 Events: _____
 PRs: _____
 T-Shirt Size: S M L XL XXL

Liability Statement:

In consideration for permitting me/my child to participate in the cross country/track & field camp, and with the intentions of binding (myself/me and my child) and (my/our respective) heirs, assigns and legal representatives I Hereby RELEASE AND WAIVE and all rights and claims for damages which (I or my child) may have against the cross country/track and field camp, the West Virginia University department of intercollegiate athletics, and its board of governors and their respective affiliates, directors, officers, employees, agents, and representatives, for any and all property damage and personal injury of whatever kinds suffered by (me or my child) in connection with (my child's) participation in the cross country/track & field camp.

Applicants signature:

_____ He/She is covered by (insurance policy number):

_____ Parent/Guardian Signature (must be signed to participate):

_____ Date:

Cost of camp:

Overnight camper (Indiv. \$380/Team \$342): _____

Commuting Camper (Indiv. \$325/Team \$292.50): _____

*Please send a non-refundable \$125 deposit with your application.

The balance is due upon camp registration on June 24th.

*Please make check and money-order payable to West Virginia

University

Credit card number: _____

Exp. Date: _____

Name on card: _____

Type of card: Visa Mastercard Discover

Authorized signature for credit card:

_____ Date:

West Virginia University
 WVU Cross Country/Track & Field Camp
 PO Box 0877
 Morgantown, WV 26507-0877



CROSS COUNTRY & TRACK & FIELD CAMP

June 25th-29th, 2017



GENERAL INFORMATION

The WVU Cross Country & Track Camps will be held on June 25-29, 2017. These camps are open to any and all kids in middle school or high school. Campers will be housed at the WVU Residential Complex (ERC). All meals will be provided for campers during their stay (PLEASE make us aware of any food allergies at registration). Campers will have use of both the indoor and outdoor tracks, as well as various trails surrounding the Morgantown community for training. Access to the WVU Rec Center where they can enjoy rock climbing, swimming, lifting, and other activities are also provided. Cross Country and Track campers will be separated and grouped during workouts based on both age, comfort, and level of running. See payment information on back of brochure for team discount information.

CAMP FAQs

Q: Where do I send my registration and payment?

A: WVU Cross Country and Track Camp
C/O Sean Cleary
PO Box 187
Morgantown, WV 26505-1877

Q: Who do I make my check or money order payable to?

A: West Virginia University

Q: Does each camper need to have medical insurance?

A: Yes. Campers are required to have their own medical insurance. Each camper must provide proof of a physical within last 12 months. Please have both forms together at registration. Athletic Trainers will be available on a daily basis.

Q: When & where is Check-In & Check-Out?

A: Check-In: 3-5pm on Sunday, June 25, 2017
Check-Out: 11am-12pm, Thursday, June 29, 2017
Bennett Tower (Facing Towers Complex, furthest tower on the right).

Q: Do I need to submit a deposit?

A: Yes. A non-refundable deposit of \$125 is required.

Q: What should the campers bring?

A: Campers should bring pillow, sheets, blankets or sleeping bag, towels, toiletries, running shoes, training clothes, swim suit, and spending money (for souvenirs, extra activities during free time, snacks, etc.)

Camp Activities

- **Group workouts and runs instructed by coaches and led by counselors**
- **Team building games and activities**
- **Nutrition, Sport Psych, Training Seminars**
- **Pool time**
- **Form drills and strength instruction specific to events**
- **Camp cookout**
- **Fun and friendly competitions**
- **Q&A's with D1 coaches, student-athletes, and professional runners**



CONTACT INFORMATION:

Erin O'Reilly

Email: Erin.o'reilly@mail.wvu.edu

Phone: (304)293-9876

Clara Santucci

csantucci26@gmail.com

Phone: (304) 685-0866

COACH BIOS



Sean Cleary

- WVU Cross Country and Track & Field Head Coach
- 96 All-American Performances
- 11 National Champions
- 7 North American National Champions, XC & Track
- 2 Olympians



Shelly-Anne Gallimore

- WVU Assistant Track & Field Coach (sprints & jumps)
- 6 WVU All-American Performances
- Multiple Regional Qualifiers and Conference Champions
- WVU triple jump school record holder
- NCAA Champion in Triple Jump for Auburn, 2001



Erin O'Reilly

- WVU Assist. Cross Country and Track Coach (mid-dist.)
- 5 WVU All-Americans
- 11 WVU NCAA Cross Country and Track & Field Qualifiers
- Multiple Boston College NCAA Track and Field qualifiers
- Boston College 800m and 1500m school record holders



Sean Hopkins

- WVU Assistant Cross Country & Track Coach 2011-2014
- 6 NCAA All-Americans
- 14 NCAA Qualifiers
- 1 National Cross Country Champion, 1 NACAC Champion
- 1 World Junior Top 10 performance



Clara Santucci

- WVU Cross Country & Track Volunteer Assistant since 2015
- 4 All-American Honors for WVU Cross Country and Track
- 2x Big East Track and Field Champion
- NACAC Cross Country Champion 2009
- WVU Cross Country Camp Counselor/Coordination

COUNSELORS

WVU Cross Country and Track & Field
Student-Athletes

GUEST SPEAKERS

Bill Way- Sport Psychology
Zachary Sabatino - Collegiate Running