



ELKINS HIGH SCHOOL | TRACK & FIELD PROGRAM

100 KENNEDY DR. | ELKINS, WV 26241

Dear Track & Field Friends,

We welcome your teams to compete in the **Snowshoe Foundation Invitational at Irwin Track**. Before 2025, this meet was known as the Irwin Invitational, and all meet records from that era carry forward. This allows EHS to thank the Snowshoe Foundation while continuing to honor the legacy of legendary EHS Coach Bob Irwin.

This year's meet falls on Good Friday (**4.3.2026**), which will allow for a noon start. We will follow a single session schedule.

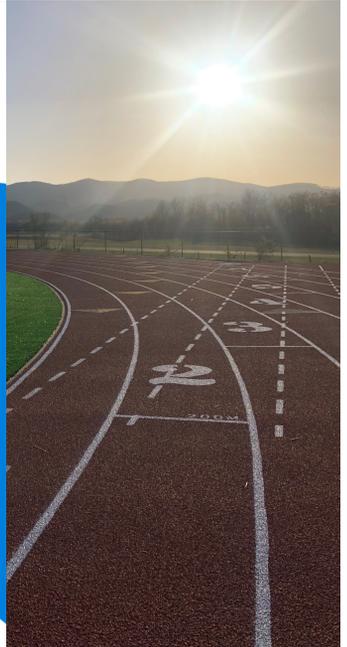
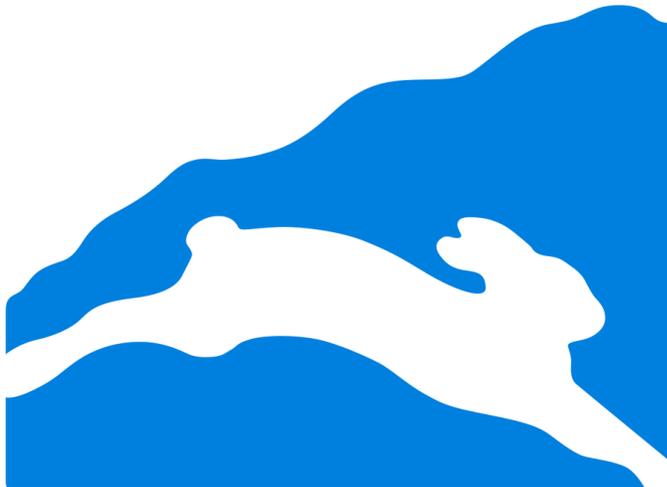
11:15 a.m.
Coaches Meeting

Noon
Field Events

12:30 p.m.
Running

Timed Finals:

4x800
100/110 HH
100
4x200
1600
400
300H
4x100
800
200
3200
SHR
4x400



Field Events:

Pole Vault
Shot Put
Discus
Long Jump
High Jump

Newly Renovated Tiger Stadium:

- New turf infield in 2021.
- New bleachers in 2021.
- Newly resurfaced 8-lane rubber track in 2023.
- New high jump landing system in 2023.
- New long jump pit in 2023.
- New pole vault landing system in 2024.
- New shot put area for 2026.
- Added 50 new hurdles to the fleet for 2026.



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Entry Fees

- \$80 for girls/boys only teams or **\$150 for coed teams.**
- Checks payable to:
Elkins High School
Attn: AD Ross Ware

Meet Entries

- Each team can enter three athletes per event.
- Submissions due on athletic.net by April 2 @ 11:59 p.m.
- Scratches/substitutions can be made until 11 a.m. on meet day.

Awards

- Medals for individual and relay event winners.
- Plaques for winning girls and boys teams.

Meet Director

Coach Scott Biola
jsbiola@gmail.com



At left: Tiger Stadium's full bleachers, 8-lane track, and turf infield.

Below: New hurdles for 2026.



At right: EHS Track team members with their new pole vault landing system in 2024.