

2026 Mountaineer Showcase

Schedule of Events (High School Division)

Field Events

Session: Field Events 1st session

Shot Put	 Varsity	Finals	10:00 AM
High Jump	 Varsity	Finals	10:00 AM
Discus	 Varsity	Finals	10:00 AM
Long Jump	 Varsity	Finals	10:00 AM
Pole Vault	 Varsity	Finals	10:00 AM

Session: Field event 2nd session

Shot Put	 Varsity	Finals	1:00 PM
High Jump	 Varsity	Finals	1:00 PM
Discus	 Varsity	Finals	1:00 PM
Long Jump	 Varsity	Finals	1:00 PM
Pole Vault	 Varsity	Finals	1:00 PM

Track Events

Session: Track events 1st session

100m Hurdles	 Varsity	Prelim	11:00 AM
110m Hurdles	 Varsity	Prelim	11:15 AM
100 Meters	 Varsity	Prelim	11:25 AM
	 Varsity	Prelim	11:40 AM
3200 Meters	 Varsity	Finals	11:55 AM
200 Meters	 Varsity	Prelim	12:10 PM
	 Varsity	Prelim	12:25 PM
3200 Meters	 Varsity	Finals	12:40 PM
400 Meters	 Varsity	Finals	12:55 PM
	 Varsity	Finals	1:15 PM

Session: Track events 2nd session

4x800 Relay	 Varsity	Finals	2:00 PM
	 Varsity	Finals	2:15 PM
100m Hurdles	 Varsity	Finals	2:30 PM
110m Hurdles	 Varsity	Finals	2:40 PM
100 Meters	 Varsity	Finals	2:50 PM

	 Varsity	Finals	2:55 PM
4x200 Relay	 Varsity	Finals	3:05 PM
	 Varsity	Finals	3:20 PM
1600 Meters	 Varsity	Finals	3:30 PM
	 Varsity	Finals	3:45 PM
300m Hurdles	 Varsity	Finals	4:00 PM
	 Varsity	Finals	4:15 PM
4x100 Relay	 Varsity	Finals	4:30 PM
	 Varsity	Finals	4:40 PM
800 Meters	 Varsity	Finals	5:00 PM
	 Varsity	Finals	5:10 PM
200 Meters	 Varsity	Finals	5:20 PM
	 Varsity	Finals	5:25 PM
4x102.5 Shuttle Hurdles	 Varsity	Finals	5:35 PM
4x110 Shuttle Hurdles	 Varsity	Finals	5:50 PM
4x400 Relay	 Varsity	Finals	6:05 PM
	 Varsity	Finals	6:15 PM