

Mt. Lion Middle School Meet

March 31st, 2026

Callaghan Stadium, Athens WV

Entries: Entries are due **April 30th 2026 @ 12:00pm** on Athletic.net. All middles schools are welcome to join us for this wonderful meet on the Campus Beautiful! There is no limitation to the number of athletes you can put in one event. There is a cap of 4 events per athletes. For entries please use your athlete's latest PR's or speculative mark. We will be going through verifying marks. Entry list is available on Athletic.net under New River Timing Co before the start of the meet. Meet is sanctioned for WV & VA Teams.

Officials: WVSSAC will officiate the meet. Officials interested in working the track meet please reach out to newrivertimingco@gmail.com A stipend is available for those wanting to work.

Entry Fee: All entry fees will need to be paid through Athletic.net by card when registering your athletes. Team Fees are **\$50.00** per gender. Athletes with less than 5 Athletes are **\$10.00** each.

Schedule: The event schedule is to be considered tentative until all entries are received. A Final time Schedule will be posted on Athletic.net and emailed to the coaches on March 30th, 2025 @ 1:00pm. Event Check in will take place at the Maroon Concord Tent on the FB Field. Please Check in 30 Minutes Prior to your event. Hip Numbers will need to be placed on your left chest.

Results: Live Results will be posted on www.newrivertiming.com. Following the race, results uploaded to Milesplit, Athletic.net & Run WV.

Parking: Callaghan Stadium is located on the Concord University Campus. There are several options for parking on Campus. All Parking is Free, and is on a first come first serve basis. A map is placed below for bus parking/ Spectator Parking.

Facilities: Lighted Stadium and the track is composed of 6 lanes, each are 41" wide. The surface was redone in the summer of 2017 in grey with maroon lines. Located on the back side of the track is the shotput ring, and the long jump pit. The front side of the track holds the high jump pit. Discus ring is located on the front side of Campus @ Witherspoon Park. A Free shuttle is available to the area for athletes.

Equipment: Concord university will provide blocks for the events, although you are more than welcome to bring your own. Implement inspection will be done at the maroon tent in the middle of the football field.

General: All running events are finals that will go against each section, no prelims will be contested. For all Field Events, we will be doing 3 Throws, and the top 9 will go to finals. Starting Heights for high jump are: Men- 5' Foot, Women – 4' 5". Award will be given to event winner, high point, and top two teams.

Day 1 – 1000 Vermillion Street, Athens WV 24712

Sports Med: Athletic Trainer will be on site, AT will only be there for emergencies. Schools will be responsible for ankle tapings.

Meet Staff/ Contact: John Kigel jkigel@concord.edu – Meet Director
 Andrew Barbera – newrivertimingco@gmail.com – Timing

Facilities Map:



Tentative Schedule of Events: Single Session Meet *Times will be Added after Entries*

Administrative

4:45pm – Coaches Meeting @ Timing Tent *Running Events will go Girls → Boys

Field:

5:00pm – Girls High Jump & Boys Long Jump

5:00pm – Girls Shot Put & Boy Discus

6:15pm – Girls Long Jump & Boys High Jump

6:15pm – Girls Discus & Boys Shot Put

Running Events:

5:00pm – 3200m Run (Combined)

– 400m Run

– 4x800m Run

– 100m Hurdles

– 110m Dash

– 4x200m Relay

– 1600m run

– 200m Hurdles

– 4x100m Relay

– 800m Run

– 200m Dash

– 4x65m Shuttle Relay

– 4x400m Relay

