

## Mylan Park Select Invitational

Monongalia County and Mylan Park would like to invite you to an exciting new opportunity. The Mylan Park Select Invitational is a chance for stand-out Middle School athletes to compete at a first-class facility against West Virginia and the surrounding area's top talent. With a travel-friendly start time at noon and minimum entry standards, we want you to bring your team and see what Mylan Park has to offer!

The meet is held at the new Track & Field Facility at Mylan Park, featuring an eight-lane prefabricated, synthetic Mondo track surface. Mondo is considered a world leader in track and field surfacing and is the surface of choice for the Olympic Games. The facility also features a grass infield for field events, multiple shot put rings and long jump runways, a warm-up area, public restrooms, a press box, and a state-of-the-art electronic scoreboard and timing system. Throwing events (shot put and discus) are held on the track's infield with nets that encase the entire throwing area to protect all competitors and spectators. Do your athletes have young siblings? The indoor Aquatic Center at Mylan Park will be open during the meet and is beside the track! Visit [mylanpark.org](http://mylanpark.org) to explore.

**When:** Saturday, April 13, 2024 – Events begin at 12:00 p.m.

**Where:** The Track Complex at Mylan Park, 500 Mylan Park Ln., Morgantown WV 26501. The Mylan Park Track is located about 2 miles West of I-79, Exit 155.

**Cost:** \$75 per team - \$150 for both boys and girls teams, \$10 for Individual entries. **Make Checks Payable to: Mylan Park Foundation.** Mail Checks to Mylan Park Foundation, 500 Mylan Park Lane, Morgantown, WV 26501; or, bring the checks to the meet.

**Awards:** 1<sup>st</sup> and 2<sup>nd</sup> Place Teams; Custom medals for individual places 1-3, ribbons for places 4-8.

**Entries:** Team sign up and entries will be made on Athletic.net. Entries for this meet are restricted to seed marks from the 2024 season at or better than the standards set out below. Seeds will be accepted from Athletic.net results or through published results (you can provide a URL to results in Athletic). You may enter unlimited athletes that qualify. One relay team per event – your team must have a qualifying relay time (runners do not need to be the same).

**Results:** Athletic Live – [live.athletic.net](http://live.athletic.net)

**Admission:** \$5.00 Admission for all spectators. Free admission for 12 and under. In addition to entry, parking is \$5 per vehicle.

**Concessions:** Hot and Cold Concessions will be sold. Commemorative T-shirts will be sold.

**Spike Specifications:** Spike length is not to exceed 1/4 inch or 7mm, Spikes must be Compression Pyramid and Christmas Tree style, NO needles or pointy Pyramid style spikes will be allowed. (Spikes that meet the Mondo and IAAF requirements will be sold at the meet). Please purchase spikes before coming to the meet.

**Tent City (Team area):** Teams can set up tents in the grass area on the outside of the track. No team tents in the bleachers. Bleachers are available for spectators.

**Contact:** Jennifer Lainhart - [jlainhart@mylanpark.org](mailto:jlainhart@mylanpark.org) (Mylan Park/Facilities)  
 Emily Black – [emily.black@k12.wv.us](mailto:emily.black@k12.wv.us) (Mon County Middle School Track Coordinator)  
 Clayton Amsler – [monongaliatiming@gmail.com](mailto:monongaliatiming@gmail.com) (Entries/Meet Management)

**Qualification Standards**

<b>Event</b>	<b>Girls</b>	<b>Boys</b>
100m	15.50	14.00
200m	32.00	29.00
400m	1:15.00	1:09.00
800m	3:15.00	2:50.00
1600m	6:40.00	6:15.00
3200m	15:00.00	13:30.00
100m H	22.50	21.00
200m H	38.00	35.00
4x60 Shuttle H	52.00	48.50
4x100m Relay	1:05.00	1:00.00
4x200m Relay	2:15.00	2:05.00
4x400m Relay	5:15.00	4:55.00
4x800m Relay	13:20.00	12:15.00
Shot Put	20'	24'
Discus	40'	60'
High Jump	4'02"	4'06"
Pole Vault	6'	6'06"
Long Jump	12'06"	14'

**Order of Events Mylan Park Select Invitational – Middle School Two Session Meet**

**Track Events** – begin at 12:00 p.m. and will continue on a rolling schedule.

11:20a Coaches Meeting

100m 30" Hurdles Trials – Girls, 100m 33" Hurdles Trials – Boys

100m Dash Trials – Girls, 100m Dash Trials – Boys

3200m Run – Girls, 3200m Run – Boys

200m Dash Trials – Girls, 200m Dash Trials – Boys

400m Dash Finals – Girls, 400m Dash Finals – Boys

*Break (30-45 minutes)*

4x800m Relay – Girls, 4x800m Relay – Boys  
100m 30” Hurdles Finals – Girls, 100m 33” Hurdles Finals – Boys  
100m Dash Finals – Girls, 100m Dash Finals – Boys  
4x200m Relay – Girls, 4x200m Relay – Boys  
1600m Run – Girls, 1600m Run – Boys  
200m 30” Hurdles – Girls, 200m 30” Hurdles – Boys  
4x100m Relay – Girls, 4x100m Relay – Boys  
800m Run – Girls, 800m Run – Boys  
200m Dash Finals – Girls, 200m Dash Finals – Boys  
60m Shuttle Hurdle Relay – Girls, 60m Shuttle Hurdle Relay – Boys  
4x400m Relay – Girls, 4x400m Relay – Boys

### **Field Events**

11:00a-11:45a Implement Weigh-in in Garage

12:00p Shot Put Prelims/Finals – Girls followed by Boys  
High Jump – Girls followed by Boys; **Opening Heights - Girls 4’00 & Boys 4’04**  
Pole Vault – Girls followed by Boys; **Opening Heights - Girls 5’06 & Boys 6’00**  
Discus Prelims/Finals – Boys followed by Girls  
Long Jump Prelims/Finals – Boys followed by Girls