



ELKINS HIGH SCHOOL
 100 KENNEDY DR.
 ELKINS, WV 26241

2023 IRWIN INVITATIONAL

WHEN

Friday, April 14

4 p.m. Coaches Meeting

4:30 p.m. Field Events (**no pole vault**; starting with girls high jump and shot put; boys long jump and discus)

5:00 p.m. Running Events (single session format/finals only)

FACILITY

Tiger Stadium at EHS features:

- New 8-lane rubber track
- New turf infield
- Full bleachers installed in fall of 2021
- New high jump landing system with safety cutouts
- Resurfaced high jump apron and long jump runway
- New long jump pit
- New discus cage and shot-put area
- 32 new hurdles



COST

\$50 for girls/boys only or **\$100** for coed entries

Checks made payable to:

Elkins High School

Attn: AD Ross Ware

ENTRIES

Entries are limited to **eight teams**.

Each team can enter three athletes per event.

Nonscoring **"B" relay teams are permitted**.

HyTek event files will be on runwv.com and are due to mcsmith@k12.wv.us by April 9.

Scratches/substitutions can be made until 4 p.m. on meet day.

AWARDS

Medals for individual and relay event winners.

Trophy to winning boys and girls teams.

CONTACT

EHS Girls Coach Scott Biola (jsbiola@gmail.com)

SCHEDULE

4x800

100/110 HH

100

4x200

1600

400

300H

4x100

800

200

3200

Shuttle Hurdle Relay

4x400

