## PARENTAL CONSENT AND WAIVER

I hereby grant permission for my child to attend the Gravity is a Myth Pole Vault Camp. I verify that my child has had a physical exam in the past year and is capable of participating in the activities related to the camp. I agree to indemnify, hold harmless, and defend Tyler George, Williamstown HS, and or their agents or employees from any and all liability for injury to my child, as well as any injury or damage caused by my child. Should emergency medical treatment for my child be necessary, I hereby authorize EMS or ED physicians to order and conduct procedures necessary.

# HEALTH AND ACCIDENT INSURANCE CO.

POLICY#

PARENT/GUARDIAN SIGN

EMERGENCY PHONE #

## LOCATION:

WILLIAMSTOWN HIGH SCHOOL

FROM I-77 TAKE EXIT 185, RT 14 PAST THE WELCOME CENTER INTO TOWN (1.5 MILES) TURN LEFT ON 8TH STREET (AT THE PARK) TURN RIGHT AT THE FOOTBALL FIELD.

FROM RT-14 SOUTH GO TO THE SECOND STOP LIGHT IN WILLIAMSTOWN (AT DIVINCI'S) AND TURN RIGHT. GO THROUGH THE STOP LIGHT AND TURN RIGHT ON 8TH JUST PAST THE PARK.

# 15<sup>TH</sup> ANNUAL GRAVITY IS A MYTH! POLE VAULT CAMP

JUNE 9-10, 2022 9:00 A.M. TO 3:00 P.M. EACH DAY

WILLIAMSTOWN HIGH SCHOOL

TYLER GEORGE DIRECTOR

703 W 6<sup>TH</sup> STREET

WILLIAMSTOWN, WV 26187

304-588-4726

tyler.george@k12.wv.us

## VAULTING FROM THE GROUND

UP!

#### **GRAVITY IS A MYTH!**

POLE VAULT CAMP IS FOR VAULTERS FROM BEGINNER TO ADVANCED. WE TEACH A SYSTEM FROM THE GROUND UP, WHICH FOLLOWS A PROGRESSION OF DRILLS THAT MAY BE UTILIZED CAREER LONG. THIS SYSTEM HAS PRODUCED NUMEROUS STATE CHAMPIONS AND STATE RECORD HOLDERS.

WHEN? CHECK IN WILL BE FRIDAY JUNE 9, 2022 AT 9:00 A.M. WE WILL FINISH AT 3:00 P.M EACH DAY.

CONTENT—VAULTING DRILLS FROM POLE CARRY TO OVER THE BAR.

SAFETY AND EQUIPMENT DISCUSSIONS.

WHO—WILLIAMSTOWN VAULT COACH TYLER GEORGE. FORMER WHS AND COLLEGE VAULTERS WILL INSTRUCT.

FACILITIES—PITS AND STAFF WILL BE ADDED TO PROVIDE NO MORE THAN 12—14 VAULTERS TO A PIT.

## WHAT TO BRING-

RUNNING SHOES, SPIKES, POLES, WATER BOTTLE. THERE WILL BE POLES AVAILABLE, BUT IT HELPS TO GET ACCUSTOMED TO THE ONES YOU WILL BE USING. CHECK WITH YOUR SCHOOLS COACH FOR POLES.

COACHES MAY COME TO OBSERVE THE SYSTEM FOR FREE.

COST:

1-DAY—\$50 PER CAMPER 2-DAY—\$80 PER CAMPER

LUNCH WILL BE PROVIDED EACH DAY.

WILLIAMSTOWN HS HAS PRODUCED NUMEROUS STATE CHAMPIONS AND HAS SET FIVE STATE RECORDS

#### APPLICATION

MAIL APPLICATION AND PARENTAL CONSENT TO:

TYLER GEORGE 507 CHERRY AVE. WILLIAMSTOWN, WV 26187 304-588-4726

GRAVITY IS A MYTH PV CAMP IS JUNE 9-10, 2022. 9:00 A.M. TO 3:00 P.M. EACH DAY.

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ADDRESS

HOME PHONE

EMAIL

SCHOOL & GRADE

MAKE CHECKS PAYABLE TO: TYLER GEORGE