



PRESTON CROSS COUNTRY
400 Knight Drive
Kingwood, WV 26537

Paul Martin - Head Boys Coach
Brian Miller - Head Girls Coach
Paul Sines - Assistant Coach
Charlie Pritt - Assistant Coach

2010 CROSS COUNTRY SCHEDULE

<u>DATE</u>	<u>LOCATION</u>	<u>TIME</u>
Sat., Aug. 28	Knight Night XC Relays Preston High (Kingwood, WV)	8:00 p.m.
Sat., Sept. 4	*Geico Classic Cabell Midland HS (Ona, WV)	12:30 p.m.
Wed., Sept. 8	N.C.A.C. Meet @ University University High (Morgantown, WV)	4:30 p.m.
Sat., Sept. 11	Mountaintop Combo Preston High (Kingwood, WV)	9:30 a.m.
Sat., Sept. 25	*Maymont X-Country Festival Maymont Park (Richmond, VA)	10:15 a.m.
Tues., Sept. 28	Broadford Invitational Broadford Lake Park (Oakland, MD)	4:30 p.m.
Wed., Oct. 6	N.C.A.C. Meet @ Preston Preston High (Kingwood, WV)	4:30 p.m.
Wed., Oct. 13	N.C.A.C. XC Championship University High (Morgantown, WV)	4:30 p.m.
Thur., Oct. 21	Region I AAA XC Championship Wheeling Park HS (Wheeling, WV)	4:30 p.m.
Sat., Oct. 30	* W.V. State AAA XC Championship Cabell Midland HS (Ona, WV)	1:30 p.m.

* Overnight Trip

www.PrestonAthletics.com